

## Freedom from Fear



### **God is our best defense against fear— and against the things we fear.**

God is our refuge and strength, a very present help in trouble. Therefore we will not fear, even though the earth be removed, and though the mountains be carried into the midst of the sea.—*Psalm 46:1-2*

Because he has set his love upon Me, therefore I will deliver him; I will set him on high, because he has known My name. He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him.—*Psalm 91:14-15*

The name of the Lord is a strong tower; the righteous run to it and are safe.—*Proverbs 18:10*

I, the Lord your God, will hold your right hand, saying to you, 'Fear not, I will help you.'—*Isaiah 41:13*

Do not fear. ... When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be

burned; the flames will not set you ablaze.—*Isaiah 43:1-2 NIV*

### **God will replace fear with peace.**

Now acquaint yourself with [God], and be at peace.—*Job 22:21*

When you lie down, you will not be afraid; yes, you will lie down and your sleep will be sweet.—*Proverbs 3:24*

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in the Lord.—*Philippians 4:6-7 NIV*

God has not given us a spirit of fear, but of power and of love and of a sound mind.—*2 Timothy 1:7*

### **With God beside us, we have nothing to fear.**

The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid?—*Psalm 27:1*

Whenever I am afraid, I will trust in You. In God I have put my trust; I will not fear. What can flesh do to me?—*Psalm 56:3-4*

Even though I walk through the darkest valley, I will fear no evil, for you are with me.—*Psalm 23:4 NIV*

Behold, God is my salvation, I will trust and not be afraid.—*Isaiah 12:2*

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